

APART WE STAND TOGETHER



IT TAKES ALL OF US TO SAVE LIVES!

If we work together, fewer of our friends and family will be affected by the coronavirus. Hospitals won't be overloaded, and lives will be saved.

Learn more at www.texas.gov/covid19

DO YOUR PART TO KEEP FELLOW TEXANS SAFE!



PRACTICE SOCIAL DISTANCING

If you must go out, avoid public spaces and keep your distance.



KEEP HANDS CLEAN

Use soap and water for 20 seconds or use 60% alcohol hand sanitizer.



CLEAN & DISINFECT

Disinfect frequently touched objects and surfaces often.



STAY HOME WHEN SICK

Call your doctor if you have fever, cough or shortness of breath.



DON'T SPREAD GERMS

Don't touch your eyes, nose or mouth. Cover a cough or sneeze using your elbow.

SYMPTOMS OF COVID-19

Symptoms may appear any time between 2-14 days after exposure.



FEVER



DRY COUGH



SHORTNESS OF BREATH

WHY IT'S DANGEROUS

Most of us will be fine. But, if we allow the virus to spread, many people who don't have to could die.



BY STAYING APART NOW, WE CAN ALL BE TOGETHER AGAIN FASTER!



Texas Department of State Health Services